



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	William Lehman Elementary/2891
Principal:	Marybel Baldessari
Phone Number:	(305)273-2140
School Wellness/Healthy School Team Leader:	Arleen Tamargo, Assistant Principal
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Marybel Baldessari, Principal Arleen Tamargo, Assistant Principal Aileen Garcia, Counselor Melissa Cabana-Lopez, PTA President Phil Chickillo, Physical Education Teacher
Committee Meeting Dates:	9/2023 Faculty Meeting, 10/2023 EESAC Meeting, 11/2023 EESAC Meeting, 1/2024 EESAC Meeting, 2/2024 EESAC meeting
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition: Free School Breakfast and Lunch</p> <p>Physical Education: Fitnessgram Testing</p> <p>Physical Activity: Dance Party</p> <p>Health and Nutrition Literacy: Bring awareness to the nutrition value of food</p> <p>Preventive Healthcare: Wellway Wellness Program and Body Mass Index Screenings</p>

Sustainability Practices:	<p>Monthly Recycling Challenges Encourage the use of re-usable items such as water bottles Posting environmental and advocacy posters/flyers and information throughout the school</p>
Community Engagement:	<p>Partnerships with Baptist Health, Dental Clinic, Miami Dade College and Miami-Dade Fire Rescue Sending home Thanksgiving baskets with healthy food</p>
Monitoring and Evaluation:	<p>Sign-In sheets for faculty meetings and EESAC</p>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<p>Afterschool Care activities such football, basketball, and soccer</p>