Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan
2026-2027

School Name & Location Number:	William Lehman Elementary/2891
Principal:	Marybel Baldessari
Phone Number:	(305) 273-2140
School Wellness/Healthy School Team Leader:	Arleen Tamargo, Assistant Principal
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Marybel Baldessari, Principal Arleen Tamargo, Assistant Principal Aileen Garcia, Counselor Alaina Waas, PTA President Phil Chickillo, Physical Education Teacher
Committee Meeting Dates (list at least 4):	9/2026 Faculty Meeting, 10/2026 EESAC Meeting, 11/2026 EESAC Meeting, 1/2027 EESAC Meeting, 2/2027 EESAC Meeting
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒Nutrition ☒Physical Education ☒Physical Activity ☒Health and Nutrition Literacy ☒Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition: Free School Breakfast and Free & Reduced Lunch** **Physical Education: Fitnessgram Testing** **Physical Activity: Dance Party** **Health and Nutrition Literacy: Bring awareness to the nutritional value of food.**

	Preventive Healthcare: Wellway Wellness Programs and Body Mass Index Screenings
Sustainability Practices:	**Monthly Recycling Challenges** **Encourage the use of re-usable items such as water bottles** **Posting environmental and advocacy posters/flyers and information throughout the school**
Community Engagement:	Partnerships with Baptist Health, Dental Clinic, Miami Dade College and Miami-Dade Fire Rescue Sending home Thanksgiving baskets with healthy food
Monitoring and Evaluation:	Sign-In sheets for faculty meetings and EESAC
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Afterschool Care activities such football, basketball, and soccer